

# **Caring for God's House - Together**



It took lots to prepare 100 lunches for the launch Oct. 16th

### **Capital News**

We are the current stewards of this church building. In that role we believe it is important to share this sacred space with other groups who have similar ministries to the Rio Rancho community.

New Horizons Band is our second group. Capital News will highlight others through the holiday season.

## From the New Horizons Band –Tuesday morning rehearsals

We enjoy and are very appreciative to be able to come together at RRPC for Tuesday morning rehearsals. The band started in 2008 with 8 people and probably started rehearsing at RRPC in about 2016. Our mission is to provide a music outreach to particularly the older adult who once played in their youth, and to those who always wanted to play an instrument, and of course people already playing. We welcome interested people to visit and check us out, to see if we are a fit for them in their current level of playing.

New Horizons Band has grown over the years, not only in number, but also in our musicality. Our directors are retired band directors. They also take turns directing and playing in the band. Currently, we have around 40 musicians. We have musicians who had already been involved in music groups, and many who had returned to playing an instrument. We do hope in time we will have more return that have not been comfortable with the Covid pandemic.

Participating in music has been proven to benefit the older adult in many ways. It is a social outlet and is very helpful for the aging mind and it keeps people active. We provide concerts for the community throughout the year like the one last month at RRPC.

Giving back is important to do. This is a way senior adults can do just that while having fun too. Watch for our concerts like here at RRPC. Music is an international language, a way we can all connect.

Christy Sargent for the New Horizons Band

In God's Service,

Capital Campaign Committee

#### Rio Rancho Presbyterian Church

1004 24th Street SE, Rio Rancho, NM 87124 (505) 892-6664 capital@rioranchopresbyterianchurch.org

Rio Rancho Presbyterian Church | 1004 24th St SE, Rio Rancho, NM 87124

Unsubscribe kjmp110@gmail.com

Constant Contact Data Notice

Sent by rrpcnm@rioranchopresbyterianchurch.org in collaboration with



#### THIS IS A TEST EMAIL ONLY.

This email was sent by the author for the sole purpose of testing a draft message. If you believe you have received the message in error, please contact the author by replying to this message. Constant Contact takes reports of abuse very seriously. If you wish to report abuse, please forward this message to abuse@constantcontact.com.